

# 2025 Pharmacy Pearls for Prescribers - Women's Health

06/01/2025 to 06/01/2027

Enduring Material

## **Purpose:**

Pharmacy Pearls for Prescribers provides up-to-date information on medications, developed by a multidisciplinary group of AMG primary care physicians and pharmacists from Avera Health and Avera Health Insurance Division. An interdisciplinary group has been working to develop educational materials to meet this need. In this series we will discuss the management options for menopause that are related to both hormonal and non-hormonal options.

## **Objectives:**

- 1 Review hormone therapy options for menopause symptom management
- 2 Describe benefits vs risks of estrogen-based therapy
- 3 Identify the use of non-hormonal treatment options for menopause symptoms
- 4 Discuss benefits vs risks of alternative therapy options
- 5 Describe how a multidisciplinary approach can contribute to continuous and reliable patient care

## **Target Audience:**

Physician, Nurse - RN, Pharmacist, Nurse -LPN/LVN

## **For successful completion:**

- Watch video
- Complete post-test
- Complete evaluation

## **Accreditation & Credit Designation:**

### **Accreditation**



In support of improving patient care, Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### **Continuing Education Credit Designation(s)**



**IPCE (Team-based):** This activity was planned by and for the healthcare team, and learners will receive 1.00 IPCE credit(s) for learning and change.

**Medicine CME:** Avera designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

**Nurse CE:** Avera designates this activity for a maximum of 1.00 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

### **Nursing Pharmacotherapeutic**

This activity has been approved for 1.00 pharmacotherapeutic credit(s).

REMINDER

Attendance can be texted up to 24 hours after the activity



**Pharmacy CE:** Avera designates this activity for 1.00 ACPE contact hour(s). Pharmacists and pharmacy technicians should claim only the credit commensurate with the extent of their participation in the activity. Credit will be uploaded to the NABP CPE Monitor® within 30 days after the activity completion. Per ACPE rules, Avera does not have access nor the ability to upload credits requested after the evaluation closes. It is the responsibility of the pharmacist or pharmacy technician to provide the correct information (NABP ID and DOB (MMDD)) to receive credit.

### **Additional Information:**

Feedback person for this educational activity is: [kelly.boyd@avera.org](mailto:kelly.boyd@avera.org)

Enduring Material available from 06/01/2025 to 06/01/2027

- This course content was reviewed on 05/23/2025

### **Disclosure Policy:**

Due to the regulations required for CE credits, all conflicts of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement, we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

<b>Name of individual</b>	<b>Individual's role in activity</b>	<b>Nature of Relationship(s) / Name of Ineligible Company(s)</b>
Becky VandeKop, MD, SD 5467	Content Expert - Committee Member, Lead Planner	Nothing to disclose
Chad Thury, DO	Content Expert - Committee Member, Lead Planner	Nothing to disclose
Rebecca Moore, PharmD, Pharmacist	Committee Planning Member	Nothing to disclose
Beau (6042) VanOverschelde, PharmD	Committee Planning Member	Nothing to disclose
Allison 4472 Hein 4972, PharmD	Committee Planning Member	Nothing to disclose
Kelly Boyd, MSN, Nurse	Lead Planner	Nothing to disclose
Rachelle Davis, PharmD, Pharmacist	Content Expert - Committee Member, Faculty	Nothing to disclose
Emily Van Klompenburg, PharmD, BCACP	Committee Planning Member	Speakers Bureau-CEImpact (Relationship has ended) - 04/04/2025
Denise Page, BS	Committee Planning Member	Nothing to disclose
Breanna Brungardt, PharmD, Pharmacist	Faculty	Nothing to disclose
Brooke Nibbelink, PharmD, Pharmacist	Faculty	Nothing to disclose
Mara Hermiston, DO	Committee Planning Member	Nothing to disclose

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